

# Is Terrain Theory Just a Theory?

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July 6, 2022



## Is Terrain Theory Just a Theory?

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July 4, 2022

In the world of healing and opposite extremes, **The Terrain Theory** is contrasted to **The Germ Theory**.

Are these opposing theories working for us? Are people healing on all levels, physical, mental, emotional, spiritual? Or are opposites set up to cause friction, division, and separation?

In a world of duality, are people coerced into making a choice between two extremes when there is always a third option: balance? If balance is where healing, peace, and unity are found, then shouldn't we move past duality toward a One consciousness existence?

In a world of opposing forces, does one force eventually rise to truth, thus proving the opposite to be counterfeit? Or are both valid options in a world of free will and free choice? Let's break these theories down to discern if we must be held to a dual reality standard or if another reality works better.

The Terrain Theory states that:

*diseases are results of our internal environment and its ability to maintain homeostasis against outside threats. Terrain theory believes if an individual maintains a healthy terrain, it can handle outside invaders or threats (microbes), which cause diseases. When terrain is weak, it favors the microbes.*

The Germ Theory states that:

*specific microscopic organisms are the cause of specific diseases. The theory was developed, proved, and popularized in Europe and North America between about 1850 and 1920. Because its implications were so different from the centuries–old humoral theory, germ theory revolutionized the theory and practice of medicine and the understanding of disease.*

### **Two Theories of Disease**

Both theories are offered as a reason for disease. Here is the breakdown:

#### **GERM THEORY (by LOUIS PASTEUR)**

The body is sterile.

Disease arises from micro-organisms outside the body.

Micro-organisms are generally to be guarded against.

The function of micro-organisms is constant.

The shapes and colors of micro-organisms are constant.

Every disease is associated with a particular micro-organism.

Micro-organisms are primary causal agents.

Disease can “strike” any body.

Koch’s Postulates are used to prove both that specific germs cause specific diseases and that disease germs transmit disease from one body to another, which is fundamental to the germ theory. Read more below.

#### **TERRAIN THEORY or MICROZYMIAN THEORY or CELLULAR THEORY (By BERNARD & BÉCHAMP)**

Microbes exist naturally in the body.

Disease arises from microorganisms within the cells of the body.

These intracellular microbes normally function to build and assist in the metabolic processes of the body.

The function of these organisms changes to assist in the catabolic (disintegration) processes of the host organism when that organism dies or is injured, which may be chemical as well as mechanical.

Microbes are pleomorphic (having many forms): they change their shapes and colors (shape-shift) to reflect the condition of the host.

Every disease is associated with a particular condition.

Disease results when microbes change form, function, and toxicity according to the terrain of the host. Hence, the condition of the host organism is the primary causal agent.

Disease is built by unhealthy conditions.

To prevent disease we have to create health.

Disease reversal proves that changing the internal terrain heals the body.

**Each theory is set up as an offer to consider.** Whether you consider yourself to be a left-brained or right-brained human, whether you identify as a man, a woman, or something in between, you can choose what best resonates with you. Such is life in duality reality!

If you choose **The Germ Theory**, you believe in an invisible germ as the causative agent of disease. The germ is an external agent. The agent is thwarted by using harsh FDA-approved solutions, such as chemicals and injections to kill the agent, by medical gatekeepers who are licensed by government officials. In the process, these solutions suppress your symptoms with its direct effects.

If, on the other hand, you choose **The Terrain Theory**, you might also recognize the concept of balance. You might experience 'As Within So Without,' the universal law of correspondence, and see the One consciousness, where everything is connected. To kill a microbe inside your body is to kill a part of yourself, since you know you are 10:1 more microbe than human. In choosing Terrain Theory, you chose to regain balance using Nature's medicine in the form of herbs, plants, clays, clean water, clean air, homeopathic remedies, Earthing, meditation, exercise, and good sleep. These natural solutions serve to support and enhance your immune system, your natural defense system.

Meanwhile, pay no attention to the man who recanted his Germ Theory on his deathbed, Louis Pasteur, who said:

| *The microbe (germ) is nothing. The terrain (milieu) is everything.* – Louis Pasteur,  
1895

## Two Laws In Duality

The main difference between these two theories? The Germ Theory falls under **Human-made law**, while the Terrain Theory falls under **Natural Law**.

What is Natural Law?

Thomas Jefferson wrote, “*We hold these truths to be self-evident...*” Here, Jefferson was referring to *Natural Law*, a universal standard that directly reflects human nature.

Natural Law is determined by the human condition. Jefferson considered the equality of man, and life, liberty, and the pursuit of happiness to be born directly from the nature of humanity.

Natural Law is the embodiment of Universal Spiritual Laws, which governs Consciousness. Consciousness creates reality through each of us using free will, which is inborn and, therefore, a birthright.

Natural law describes the universal Laws on which both Spiritual and Natural Order are based. It is the mathematics and sacred geometry expressed by all life, connected to everything in nature under the sun.

## The Power of Free Will

*Where there is a will there is a way!*

Everyone conceived and born in this dimension is granted free will by the Creator. Free to obey or disobey the Natural Laws, your choice determines the consequences. By your choice, you become **responsible** for the outcome.

“*Nobody ever did or ever will escape the consequences of his choices.*”- Alfred A. Montapert

Natural Law honors personal responsibility.

Natural Law holds true regardless of a population’s belief systems. Therefore, it does not matter how many people agree that a “Wrong can be turned into a Right” or that “a Right can be turned into a Wrong.” It does not matter if you believe in a Germ Theory or a Terrain Theory. **Natural law equals the freedom to choose.**

For instance, most of humanity erroneously believes that it is morally possible for governments to “create” and “delegate” Rights, and to take away “Rights.” [See Roe v. Wade]. Neither is accurate.

“Government Rights” is an oxymoron. These “Rights” are a way that government claims rights over your body. No one considers the fact that governments cannot create rights at all. Governments are established *to protect* natural human rights, rights that are inborn.

Governments are limited to granting “benefits and privileges,” that are taken away as easily as they are granted. [See the driver’s license or any license or law].

In reality, Natural Law is a system of natural justice, a level of understanding held to be common among all humans, derived from Nature rather than from human-made law. The Law of Terrain is all about bringing the ecosystem back into balance, internal and external. Government has no jurisdiction over Nature.

If a human-made law is in harmony with Natural Law, it logically follows that it is redundant since it states a truth that is inherent, pre-existing, and **self-evident**. Such human-made laws are both irrelevant and unnecessary.

If a particular human-made law is in opposition to Natural Law, then it follows logically that it is both **false** (incorrect) and **immoral** (harmful), or in other words, **wrong**. Such a law can neither be legitimate, nor binding upon anyone.

Why would natural healers choose to believe The Germ theory after watching people heal themselves and reverse disease, using Nature’s tools and their innate immune systems?

#### **To Prove A Cause**

To choose The Germ Theory narrative nets *the cause* to the ills of the Coronavirus pandemic. Germ Theorists accept an external cause hypothesis as the reason for global disease outbreaks. Yet only one group of “approved scientists” are ever able to identify this cause. **The cause is never self-evident.**

Perhaps the real plague of humanity is the 100-year pandemic cycle (of coercion) that removes freedoms through individual choice and action.

Under COVID, pro-Germ Theorists subscribe to a virus called Coronavirus as *the cause* of the condition called “COVID”, much like HIV was ascribed as the cause of the condition called AIDS. [See How COVID is like AIDS].

Up until recently, the world of science suggested a fool-proof way to prove a causal relationship between an infectious agent and a disease through a process known as Koch’s Postulates. Koch’s postulates include four criteria that must be fulfilled to prove a true cause. These 4 criteria are:

- (1) it must be found in all cases of the disease;
- (2) it must be isolated from the host and grown in pure culture;
- (3) it must reproduce the original disease when introduced into a susceptible host;
- (4) it must be found present in the experimental host so infected

#### **Kochs Postulates Obsolete**

Unfortunately, Coronavirus does not meet any of the above 4 criteria. Some official sources claim that Coronavirus has never been isolated. This makes sense since a virus cannot reproduce on its own. A virus is not alive. It cannot be found in a host since it hides inside cells, and it has not been found in all cases of disease. Some say the virus is really an exosome that has been demonized and inverted. Does the body create exosomes as part of the natural healing process? Are exosomes as individual as the host?

*...exosomes have activities as diverse as remodeling the extracellular matrix and transmitting signals and molecules to other cells. This pathway of intercellular vesicle traffic plays important roles in many aspects of human health and disease, including development, immunity, tissue homeostasis, cancer, and neurodegenerative diseases.*  
–Annu Rev Biochem, 2019

Back to the *killer virus!* The pro-Germ Theorists have an answer to why viruses cannot be found, except in a lab.

Some scientists claim that Koch's postulates need not be fulfilled to prove a virus. As early as the 19th century, researchers realized that viruses invalidate Koch's postulates because they require another living cell in order to replicate. Yet, others claim that they have proven Coronavirus exists using Koch's postulates [using creative license]. Notice the contradiction?

*The entire fabric of the germ theory of disease rests upon assumptions which not only have not been proved, but which are incapable of proof, and many of them can be proved to be the reverse of truth. The basic one of the unproven assumptions, wholly due to Pasteur, is the hypothesis that all the so-called infections and contagious disorders are caused by germs.* – M.L. Levenson, M.D

We live in a world of contradictions because we live in a world of duality where you get to make a choice from what is offered.

If Koch's Postulates are rendered obsolete, then a new standard appears, the PCR test!

Unfortunately, a virus cannot be proven through the use of a PCR test either, since the test's inventor, Dr. Kary B. Mullis, specifically warned against its use to identify any virus since the amplification necessary to run the test means the results are nonspecific and test positive for everything. This is the same PCR test used to "prove" HIV/AIDS.

*It uses 'amplification' which means taking a very very tiny amount of DNA and growing it exponentially until it can be analysed. Obviously any minute contaminations in the sample will also be amplified leading to potentially gross errors of discovery.*

*I don't think they understand what they're doing; I think it's out of control. They don't know how to end this. This is what I think what happened: They have built a pandemic machine over many years and, and as you know, there was a pandemic exercise not long before this whole thing started. – Kary Mullis, TruthinPlainSight.com*

Dr. Kary B. Mullis died on August 7, 2019 at age 74. He emphatically stated that no infection or illness can be accurately diagnosed with the PCR-RT. Mullis also questioned the validity of the HIV/ AIDS theory.

### **Patenting Nature**

Coronavirus cannot be proven as a causative agent to any disease using the existing science. It must be taken on “scientific faith,” an oxymoron. This is known as Scientism, the religion of Science. Scientism is based in a material view that the hard sciences—chemistry, physics, virology, astronomy—provide the only genuine knowledge and truth of reality. Everything else is labelled as bigotry, demonized, or censored.

The Germ Theory and pandemic serve a purpose in leading people to lose identity and choose the path of a material world. By choosing Germs, people accept government-approved experts to provide the scientific truth of healing. In the process, people give up responsibility for self-healing and, in the process, suppress their true Nature.

The Germ Theory further serves as a tool to patent Nature. The patents for Coronavirus are numerous, and net lucrative vaccine deals. The patents go back to 2015, well before the causative “Coronavirus” agent was named. Well before billions in profit could be realized by vaccine makers. Now, “new and improved” recombinant patented vaccines containing Monkeypox, Smallpox and Horsepox are being introduced to those who choose this science.

One recent study by the American Chemical Society identified over 2,000 patents relating to SARS and MERS treatments alone. These patents are held by a range of companies and institutions across North America, Asia and Europe.

However, Nature can never be patented by *manipulation* since the result is a mere simulation; a false, immoral, and illegitimate representative of Nature, with matching consequences.

*The time will come – and it may not be far off – ... The soul will be made non-existent with the aid of a drug. Taking a ‘sound point of view,’ people will invent a vaccine to influence the organism as early as possible, preferably as soon as it is born, so that this human body never even gets the idea that there is a soul and spirit. The heirs of modern materialism will look for the vaccine to make the body ‘healthy,’ that is, make its constitution such that this body no longer talks of such rubbish as soul and spirit, but takes a ‘sound’ view of the forces which live in engines and in chemistry and let planets and suns arise from nebulae in the cosmos. – Rudolf Steiner, October 7, 1917, . The Fall of the Spirits of Darkness, A Future Vaccine to Prevent Knowledge of Soul and Spirit, Rudolf Steiner Press, Bristol, 1993, GA 177, p. 85*

### **Questioning Duality**

Terrain Theorists don't want to argue. They like to question the status quo. They support free will and the freedom to choose as *all important*.

Free will is the gift that keeps on giving. The gift is also engaging in the disease process to find answers, *your answers*. Dis-ease is a spiritual offer to evolve and heal on many levels, in many layers, and in many dimensions. Owning your immune system makes you responsible for yourself. This is Natural Law, to claim responsibility for your individual part of the greater whole... not the greater good. For, as you change from within, your world changes.

Perhaps it is in accepting an Earth Suit and meeting the challenge of the dis-ease process, through finding balance, that is the full exbodiment of Natural Law in action.

The media platform that pits one theory against another is an artifact of duality reality. Media is a distraction away from seeking Nature and balance.

### **Make Your Choice**

It's time to choose the best offer. Door #1 or Door #2? The Universe of Nature, or the Metaverse of Cyborgs?

The Metaverse is a Transhuman reality that connects human minds to an artificial neural net. The Star Trek Series disclosed the center of the Metaverse as *The Borg*. The Borg are cyborgs. Their mission? To remove the human from human consciousness.

*They're made up of organic and artificial life which has been developing for thousands of centuries.” – Guinan, 2365 (“Q Who”)*

*“Interesting, isn't it? Not a he, not a she. Not like anything you've ever seen. An enhanced humanoid.”*

*– Q, 2365 (“Q Who”)*

Does Star Trek reveal a timeline for humanity that already exists? What if beyond our universe, in the higher dimensions, we are offered something different than what we know here, an existence without free will?

If there is no free will anywhere beyond this universal reality, called Nature, then, here, we experience something special, indeed. In truth, we may need the challenges we face through disease to discover what humanity is made of .... to move humanity forward in the direction of healing.

While here, we are each responsible for our own healing through the gift of choice. Each choice affects “the whole” because we are connected to everything through consciousness, i.e., Spirit. Here, we can each choose to believe what we want; to be good or bad, to be sick or healthy, to experience freedom or slavery, to live in a Universe or a Metaverse. We can choose to believe the Germ theory or the Terrain theory because we have free will.

We can live in a duality consciousness or a One consciousness.

We can agree to disagree.

#### **Related articles:**

- [Freedom Exists Under Natural Law](#)
- [Say Goodbye to the Germ Theory](#)
- [The Monkeypox Story](#)
- [To Question The Nature of Reality](#)
- [Transmuting A Deep Fake Reality](#)
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- [Losing Identity To the Hive Mind](#)



**Rosanne Lindsay** is a Naturopath, writer, earth keeper, health freedom advocate and author of the books *The Nature of Healing*, *Heal the Body*, *Heal the Planet* and *Free Your Voice*, *Heal Your Thyroid*, *Reverse Thyroid Disease Naturally*.

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